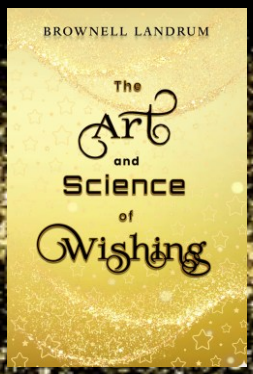
BROWNELL LANDRUM

Cosmic Wishes

SCIENCE & ACTIVITY CARDS

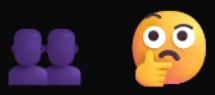
with Marilyn Elliot



SCIENCE CARD

This is the SCIENCE card drawn during the show with Marilyn Elliot:

174



Social Psychology • Psychology

Psychological Safety

Amy Edmondson's landmark research tells us that team performance is predicted less by talent and more by whether members feel safe to take interpersonal risks. The solution is create an environment of psychological safety, where people feel free to ask questions, admit mistakes, and share half-formed ideas without fear of humiliation.

Notes

ACTIVITY CARD

This is the ACTIVITY card drawn during the show with Marilyn Elliot:

194



Spiritual/Metaphysical

"Giving Up" Reframed

What if "giving up" isn't quitting but instead releasing to a higher power? Consider the options, whether it's within a particular belief system/religion or another "force" for Cosmic Collaboration.

Notes

5 Key Lessons from This Episode:

1 _____
2 _____
3 _____
4 _____
5 _____

5 Ways You'll Apply These Lessons to Your Wish

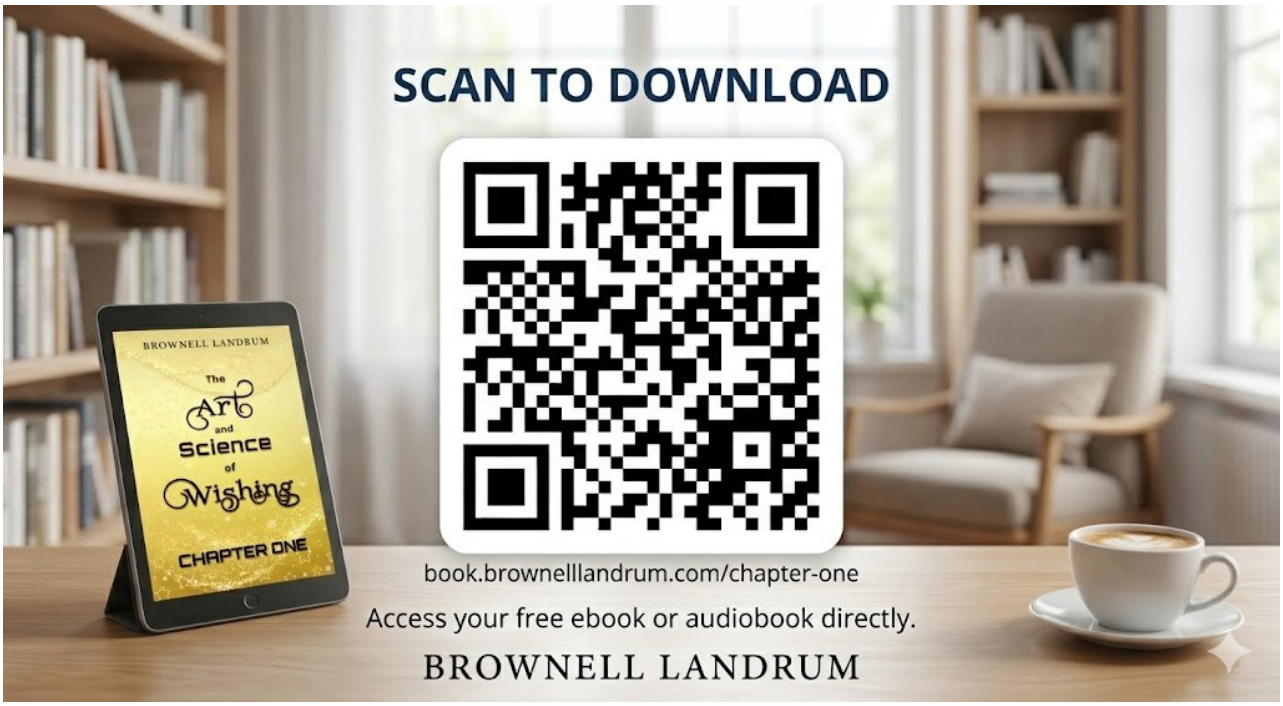
1 _____
2 _____
3 _____
4 _____
5 _____

Use the space below to doodle, draw, or come up with something FUN to do today!

Make Room for FUN!

BROWNELL LANDRUM

Download Chapter 1 of The Art & Science of Wishing for FREE!



And look for Brownell's TEDx talk – coming soon!



FOLLOW

COMMENT LIKE SHARE SUBSCRIBE

Cosmic Wishes