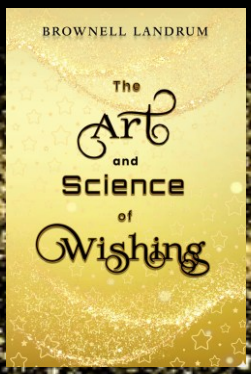
BROWNELL LANDRUM

Cosmic Wishes

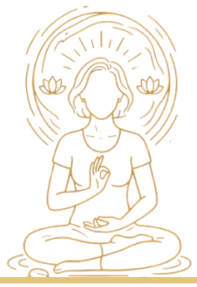
BONUS



WEEK 5 LESSON: SCIENCE OF THE 3 Ps

The Three Ps aren't just a principle of Cosmic Wishing, they're SCIENCE!

Apply the Science Game! Draw lines from each of the P's – Peaceful, Positive, and Purposeful to the group of SCIENCES that activate when you apply that "P" to your Cosmic Wishing. (Note: the sciences intersect and overlap, which is part of the magic in how the 3 Ps work together!)



Peaceful

Psychology (Behavioral, Positive, Social, Moral), Neuroscience (Affective, Cognitive), Psychophysiology, Cognitive Science, Sociology



Positive

Psychology (Behavioral, Social, Moral), Neuroscience (Affective, Cognitive), Psychophysiology, Anthropology, Sociology, Consciousness Science



Purposeful

Psychology (Behavioral, Clinical), Neuroscience, Psychophysiology, Systems Theory (Polyvagal), Mind-Body Medicine (MBSR), Contemplative Science

Science Cheat Sheet:

-ology = Study of
Psych- = Mind/Behavior
Neuro- = Brain/Nerves
Affective = Emotions
Cognitive = Thinking
Physio- = Body
Social = Groups/Relationships
Anthro- = Human culture

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